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FOR IMMEDIATE RELEASE

Dad's Making A Difference Cookout

September 26, 2022. First Things First, ***Dad's Making A Difference*** program, will host a cookout October 1st, 2022 at Booker T. Washington State Park from 3pm-6pm. This event is **FREE** for dads and kids of any age. There will be food, music, and other citywide organizations.

Dad's Making A Difference is a transformative 13-week program for dads. Each week, these men join a small group of dads for a 90-minute session, offering guidance in:

- Navigating the child support and legal systems
- Obtaining a steady job
- Seeing their children more often and
- Learning how to better relate to their child and child's mother.

These men discover the value of their role as dads and how to build strong connections with their children!

"I'm a better man because First Things First took the time to help me in ways I didn't know I needed to be helped." Quote from James, 2019 graduate of *Dad's Making A Difference*.

About First Things First

First Things First is a non-profit organization based in Chattanooga that helps families start and stay strong. First Things First provides resources that guide people so they can live better lives. The vision is for healthy relationship skills to be passed down, by every family, from generation to generation. The organization's President is Lauren Hall. For more information, visit www.FirstThings.org.